

INSTRUCTIONS (STEP-BY-STEP) FOR COMPLETING THE SAFE SPORT
Parent's Guide to Misconduct in Sport
and
Safe Sport for Youth Athletes (13-17)

San Gabriel Aquatics fully endorses and supports USA Swimming's Safe Sport and Safety programs by helping to provide countless resources for our club members on our very own website, <https://www.teamunify.com/team/sttgsg/page/safe-sport>

OUR GOAL, AS A TEAM, IS TO **CONTINUE TO BE A "SAFE SPORT RECOGNIZED" CLUB BY USA SWIMMING.** In order to do this, certain requirements must be met. Some of which include learning exercises for our swim parents and athletes. **WE NEED ALL OF OUR SWIM PARENTS AND ATHLETES (ages 13-17) TO TAKE A QUICK COURSE ONLINE WITH USA SWIMMING.** USA Swimming will track the number of people that take the quick online training program from our team and we will be awarded points based on our completion rate. **The more parents and swimmers that participate, THE BETTER!**

For parents: (Turn off pop up blockers on your web browser)

1. Visit <https://www.usaswimming.org/>; Click on "Login/Register" to log in to your account. *(This is not our team site, it is the USA SWIMS site that you made during registration to pay for your athlete's USA Registration "insurance")*
2. Next click on "Education" in the blue toolbar.
3. Select Course Catalog.
4. Select "Safe Sport Courses."
5. Click on **Parent's Guide to Misconduct in Sport**,
6. Click on "Go to Course".
7. You will need to accept terms and conditions and then proceed to taking the course.
8. Once you have completed the course, please download the course certificate and please email it to me @ sangabrielaquatics@gmail.com .

For athletes ages 13-17: (Turn off pop up blockers on your web browser)

****Most athletes have the same account as their parents****

1. Visit <https://www.usaswimming.org/>; Click on "Login/Register" to log in to your account. ***(This is not our team site, it is the new SWIMS site that you made during registration to pay for your athlete's USA Registration "insurance")***
2. Next click on "Education" in the blue toolbar.
3. Select Course Catalog.
4. Select "Safe Sport Courses."
5. Click on "**Safe Sport for Youth Athletes (13-17)**"
6. Click on "Go to Course".
7. You will need to accept terms and conditions and then proceed to taking the course.
8. Once you have completed the course, please download the course certificate and please email it to me @ sangabrielaquatics@gmail.com .

Thank you to everyone for your help with this matter! It is extremely important and we hope that everyone will take the time to make San Gabriel Aquatics a continued Certified Safe Sport Club!

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